

THE FLOW OF LIFE

Training workshop with **Daan van Kampenhout**

7, 8 and 9 June 2019

In this training, we will look at parts of our life where we feel blocked. Often we are functioning very well in some areas of our life while in other parts we are experiencing stagnation. We will turn our attention to all kinds of situations where the energy isn't moving, for example: sexuality, relationships, health, finances, worklife or others.

We will look at these aspects of our lives from the perspectives that Systemic Ritual offers. We exist as individual human beings with a personal history, but we are also shaped by family, ancestors and the large collective fields we are part of such as gender group, race, religion, culture and nationality. Using various types of Systemic Ritual, we will check the relations between the energies that feel stuck in our own life and the ancestors' fate. Sometimes gently clearing the personal ancestor field of trauma and unresolved energy, sometimes creating paths into the large historical and collective fields that allow us to walk to places and times where the energies are free and flowing. In all the work we do, we will bring in new resources and strength to the places where they are needed, so we ourselves and the ancestors get the opportunity to find new wholeness.

We will use large collective rituals as well as exercises in small groups, so everybody present will get the opportunity to take steps in their process of attuning to the flow of life and increase their well being. We will also learn how to use some of the ritual ground plans and formats in one on one situations, using pebbles to create small scale constellations.



PRACTICAL INFORMATION

- Dates:** 7, 8 and 9 June 2019
Schedules: Friday, 10h to 14h and 16h to 20h. Saturday, 10h to 14h and 16h to 20h.
Sunday, 10h to 14h.
Price: 330€ (TAX included).
Place: Barcelona

MORE INFORMATION & INSCRIPTIONS: Contact to Meta Institut Sistèmic

- By email: info@metaescola.com or at the website: www.metaescola.com